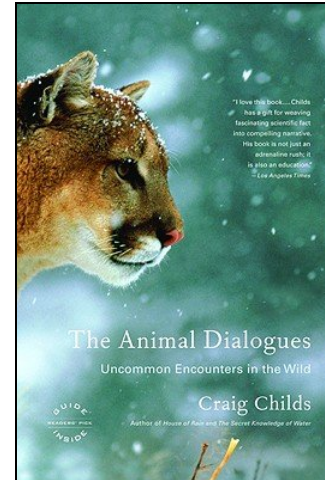
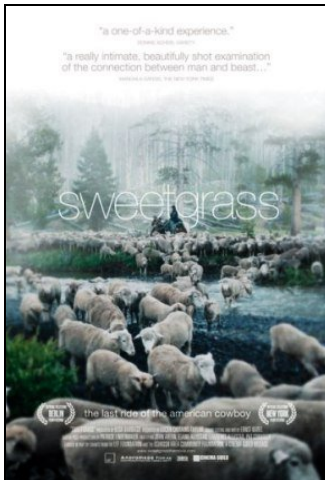


Mt. Vernon

Spring Sweetgrass Seminar Series



Whether you're a writer, an artist, or an entrepreneur,
a deeper connection with nature will set you on a more meaningful path.

This series of 3 get-togethers is designed to re-awaken, through the written word and the outdoors, your link with the natural world. You may sign up for a single event, or all 3. Here are a few of the things we'll do:

- **DAY #1 Saturday, April 17, 9:00 – 4:30:** Write and share spontaneous responses to Craig Childs's book *The Animal Dialogues*; share our experiences in nature (Page will discuss her month alone in a remote cabin in the wilds of Wyoming); discuss "The Reciprocity of Nature" (from Dave Abram's book *The Spell of the Sensuous*); discuss Susan Griffin's book *Woman and Nature: The Roaring Inside Her* (for men too!); attend naturalist presentation at Lookout Mountain Nature Center. WHERE: Mt. Vernon Country Club, Golden, CO. INCLUDES: coffee/tea, catered lunch, optional guided hike on private trails following the seminar.
- **EVENING #2 Friday, May 14, 5:00 – 9:00:** Share a group dinner in Denver; talk about the wild roots beneath the surface of our domesticated lives; and attend a Denver screening of the 90-minute, breathtaking documentary *Sweetgrass* (<http://sweetgrassthemovie.com>) about the last of Montana's Norwegian/American mountain shepherders. We will meet downtown for dinner (place TBA) and go from there to the theater. INCLUDES: dinner and movie ticket (no-host bar).
- **DAY #3 Saturday, May 15, 9:00 – 4:00:** Explore what it means to "carry the Dreamtime origins" of the place where we were born; develop a list of the plants and animals who share our landscapes; lunch at Mt. Vernon's private picnic grounds; enjoy a leisurely afternoon hike with time for journaling, sketching, and solitude; create a personal plan for deeper engagement with the natural world. WHERE: Picnic grounds, Mt. Vernon Country Club, Golden, CO. INCLUDES: beverages and picnic lunch.

DEADLINE TO REGISTER: April 7, 2010

A LA CARTE COST: Day #1 \$125; Evening #2 \$50.00; Day #3 \$125.00 (includes meals)
ENTIRE SERIES COST: \$275.00 if registered by April 1; \$300.00 after April 1 (includes meals)
QUESTIONS or SIGN UP: email page@pagelambert.com; phone (303) 842-7360

"Look into the eyes of a domestic sheep, and you will see the back of its head. Look into the eyes of a bighorn...and you will see a lost map to place, a depth that we may extinguish before it touches us."
 Ellen Meloy, from "Brides of Place"