

**Announcing Page Lambert’s 22nd Anniversary  
Creative Adventure for Women**

As featured in Oprah’s *O Magazine*

**Retreat to the River**  
**A Writing & Sculpting Adventure**  
**With special guest artist Roxanne Swentzell**



**\$1599\* ~ August 25<sup>th</sup> – 30<sup>th</sup>, 2019 ~ 6 days & 5 nights, Moab, Utah**

**PAGE LAMBERT** returns to celebrate her 22<sup>nd</sup> river-writing journey for women in Utah's beautiful Westwater Canyon on the Colorado River. Joining Page again as her special guest (*back by popular demand!*) is **ROXANNE SWENTZELL**, world-renowned Santa Clara Pueblo sculptor, author, and co-founder of the Flowering Tree Permaculture Institute.

**THIS SPECIAL TRIP** will explore writing and sculpting as complementary forms of creative expression. Whether journaling or writing professionally, an established artist or just beginning, the natural world unleashes powerful creative energy. During this six-day trip, Roxanne will guide us in sculpting, using river clay and materials gathered from the land, Page will guide us in sculpting with words, and the professional SGE women guides will ensure that our journey is safe, delicious, and well-equipped! The women who participate in these trips have diversified backgrounds; some are experienced writers and artists, many are not. Some have rafted before, many have not. But all share the desire for a creative adventure in the wilderness with other women. We've purposely selected this late-summer trip date to synchronize the pace of the creative journey with the river's more relaxed, late-season rhythm. **This will be the perfect time and place to retreat to the river and reimagine what your life could be!**

**PERSONAL JOURNALING AND SCULPTING TIME** is woven into the moments between floating down the Colorado River, hiking at your leisure, or relaxing on shore. Although this is *not* a workshop, creative discussions about sculpting and writing will take place at the river's edge and continue throughout the day, ending with readings under the stars. "Women rediscover a unique part of themselves in the natural world," Page says, "and we inspire each other in uniquely feminine ways."

**WHY THE RIVER?** Women have always gathered at the river. It is where we traditionally have come to greet the sun, to bathe our children and wash our clothes and fill our cooking pots. It is where we cleansed and purified ourselves. It is where we told our stories. The river has always nourished us.

**ENJOY 6 DAYS/5 NIGHTS ON THE COLORADO RIVER, which flows from the Rocky Mountains in Colorado to its confluence with the Green River in Canyonlands National Park.** The trip is led by the West's premier outfitter Sheri Griffith Expeditions out of Moab, Utah. All the comforts are included, and the Sheri Griffith Expeditions women guides are some of the best in the world: fun, talented, professional and inspiring. And they do all the cooking!

**Spectacular scenery, in warm and sunny Utah.** This trip features days spent both floating on calm water and playing in fun whitewater, giving us time to explore the creative world of women of influence with Roxanne and Page. We'll stop for optional hikes to scenic lookouts and through beautiful side canyons. The evenings and mornings allow time for journaling, circling up with the group, and enjoying the natural beauty. Campsites on beautiful beaches along the riverbank are remote so we carry with us all the comforts we'll need for our stay in the natural world. Every camp is pristine with only a few footprints of birds, animals or other travelers who pass this way, and we are planning a special lay-over day!

### A QUICK GLANCE AT THE ITINERARY

**Arrival Day:** River orientation is held at 5:00 PM the evening before departure, Saturday, August 24, 2019, at the SGE office. The creative adventure begins with a “no-host” dinner with Page and Roxanne following orientation.

**Day One:** We will drive to the Loma Boat Ramp, near Loma, Colorado, where we will put-in for this river journey. We'll stop for a hike and for an introduction to clay-work.

**Day Two:** Today we will enter Westwater Canyon. We'll stop for a hike and have some time for writing and clay-work.

**Day Three:** Today we will traverse the rapids of Westwater Canyon. From fun and splashy to exciting, the rapids of Westwater Canyon will never disappoint.

**Days Four and Five:** Today we will cross under what is left of the Dewey Bridge, which burned down in 2008. We will continue on to a beautiful camp near the Fisher Towers. We will layover at this camp for two nights.

**Day Six:** Our last morning will be a leisurely day with a later departure. We will arrive at the take-out at around 4 pm, arriving back at the SGRE office by 5pm.

**\*Note: This is an example itinerary and may change due to weather, water levels, camp availability etc.**

### ABOUT PAGE'S SPECIAL GUEST ROXANNE SWENTZELL

Roxanne's sculptures demonstrate an astounding universality, speaking to people of all cultures. Nationally acclaimed and world renowned, her award-winning art is on display and in permanent collections around the world, including the Smithsonian's National Museum of the American Indian, the White House in Washington, D.C., the Heard Museum in Phoenix, AZ, Cartier in Paris, Santa Fe Convention Center in NM, Museum of Wellington in New Zealand, and the Denver Art Museum in Colorado. Her figures represent a full range of emotions and irrepressible moods and focus on interpretative female portraits attempting to bring back the balance of power between the male and female inherently recognized in her own Pueblo culture.

### ABOUT PAGE LAMBERT

Award-winning author, teacher and retreat leader, Page Lambert has been leading nature retreats, writing seminars, and coaching individual writers for twenty-two years. She designs and teaches graduate writing courses for the Professional Creative Writing Program at the University of Denver's University College. Featured in the photo is Roxanne Swentzell and Page Lambert at Bandelier National Monument, New Mexico, in 2017.



### THE JOURNEY INCLUDES

- Optional one-on-one consultations with Page
- Time for writing, rafting, sculpting, and hiking
- Enough civilization to be comfortable in nature
- Professional women guides on every raft
- Tents, sleeping bags, Paco pads
- Writing journals, water resistant pouches, sculpting materials
- All meals prepared for you ~ fresh and healthy

**QUESTIONS?** Contact SGE with rafting questions or Page directly: (303) 842-7360, [page@pagelambert.com](mailto:page@pagelambert.com).

**A Page Lambert Adventure in Partnership with Sheri Griffith Expeditions**

[www.pagelambert.com](http://www.pagelambert.com)